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PANTHER SENTINEL

Hartnell College Salinas, CA

April 1998

Women's History Month

Maria Jimenez

STAFF WRITER

Judge Marla Anderson, the first African American woman to be appointed to the Monterey County Municipal Court, was chosen to be the keynote speaker for the second annual Women's History Month Dinner held on Thursday, March 19 at Steinbeck Hall.

About 50 women, including Hartnell faculty and staff, attended the dinner.

Present at the event were Imelda Hermosillo, EOPS manager; Brandy Perkins, EOPS Administrative assistant; Linda Areano, Peninsula Arts and Craft store owner; Rosery Olivarez Hartnell Student Body President; and Cara Davis, Fine Arts senator, among others.

Hartnell Board Chairman Joey Lasnik gave the opening remarks and presented. African Drums were played

by Carlotta Veliz. This year, the Women's History month dinner committee acknowledged Patricia Sullivan, a Hartnell art student, as well as local high school art students for their achievement in the arts. They received a gift certificate donated by Artistic Hang Ups.

Judge Anderson has served as a judge for the Monterey County Municipal Court since 1995. She graduated from Loma Linda University with a B.A. in Mass Communications in 1981. Judge Anderson then attended the University of

see Women p14

Monterey County Municipal Court Judge Marla Anderson talks at the Women's History Month dinner.

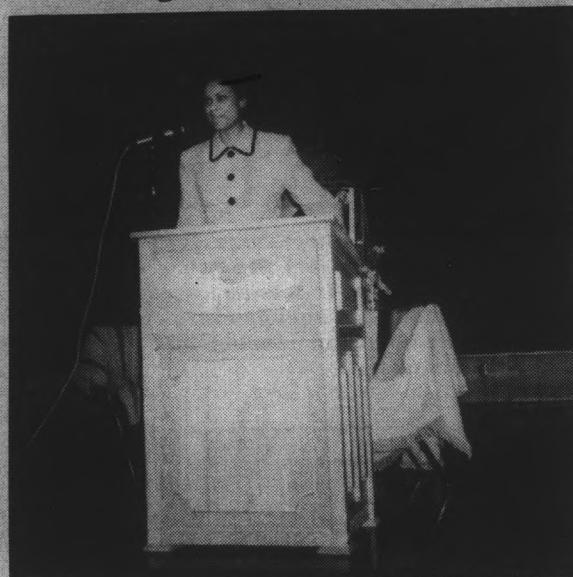


photo by Maria Jimenez

Hartnell Paintings Unveiled

Tim Brown

EDITOR

Mr. and Mrs. Hartnell have come home.

Hartnell faculty and administrators have worked for months with owner Glyneth Cassidy, and fine art appraiser John Chiappolini to bring portraits of Hartnell College founder, William Hartnell, and his wife, Theresa, to the college.

"I wanted them to be somewhere that people can enjoy them, and what better place than the college named after my great grandfather? I'm so happy to see that my great grandparents are home," Cassidy said.

see Paintings p14



Hartnell President Edward Valeau and Glyneth Cassidy attend the unveiling of Hartnell portraits.

photo by David Martin



Glyneth Cassidy stands proudly with the painting of her great grandmother, Theresa Hartnell.

photo by David Martin

Survey Profiles Hartnell Students

Tim Brown

EDITOR

Hartnell Latinos appear to have lower expectations for success than other minorities, and whites, a national survey of college freshmen said.

First-time, full-time 1996 Freshmen completed the survey in their English, math or occupational class as part of a national survey of entering students that was conducted by the Higher Education Research Institute at UCLA.

"Our students are different from other schools since they come from lower income, and lower education families. We need to think about this and customize our programs," said Chris Myers, Director of the Institutional Research.

Conclusions and Recommendations

1) Hartnell students may need more information about financial aid, particularly grants and loans. While a high number of freshmen indicated that they were in need of financial aid, only a portion of that number is actually taking advantage of it.

2) Latinos appear to have lower confidence and expectations for success than other minorities and whites. Latinos may be helped with enhanced counseling and other support services so they can succeed at Hartnell.

3) The majority of Latino respondents indicated a need for more bilingual and ESL courses.

4) Future marketing campaigns might want to put a greater emphasis on Hartnell's low tuition costs, since the largest amount of respondents (43%) said that is why they chose Hartnell.

5) The survey shows that students learn

see Survey p14

Smoking Ban Opponents: Suck It Up

Andrew Turner

STAFF WRITER

Recently, an attempt was made to undo the new smoking ban imposed on gambling houses and bars as of January 1998. This recent attempt sought to reinstate exemptions given to gambling establishments and bars by the state in 1992 anti-smoking legislation. The effort failed in the State Senate, and smoking in bars and gambling establishments, such as Bingo halls, is still illegal.

I am in favor of the smoking ban. I am also a smoker. As a smoker I find no merit in the argument of "smokers' rights." We do not, as smokers, have rights. Smoking is a luxury. I find the right to smoke nowhere in the Constitution. Some may say it is covered under the unalienable right of the pursuit of happiness. This would be a lovely

argument if smoking only affected the smoker.

Smoking is deadly to the smoker and to those around the smoker. Second hand smoke kills. A smoker's wish to smoke does not outweigh another person's right to live a cancer free, emphysema free, stroke free, or birth defect free life. Jobs waiting tables are one of the few jobs almost any woman in the country can get. They are not fabulous jobs either. The waiters and waitresses of California were the strongest supporters of the new ban, because they know no one should be forced to inhale second hand smoke in the workplace.

Now some of you are asking why not only hire waitresses who smoke? Such a policy interferes with the employee's

right to life, liberty, and the pursuit of happiness. Smoking is not a right and cannot legally be placed above a capable person's right to earn a living. Smoking is addictive and causes disease and death. The government has every right to treat nicotine as a controlled substance, regulate it, tax it, and ban it.

Smokers and the tobacco industry have no legal leg to stand on with cigarettes to combat the facts that they cause health problems and are addictive. For years, the tobacco industry has spent millions on research, legal fees, and political contributions trying to keep alive the myths that smoking wasn't conclusively harmful

see *Smoking p.14*

Meet the Panther Staff

Charise - This is her second semester working on the Panther Sentinel. Charise is a communications major and wants to be a deejay. She likes to read and write poetry.

Ivy - This is her second semester working on the Panther Sentinel. Ivy is a communications major and she'll be going away to a four year school this fall. Ivy would like to get into broadcast journalism.

Andrew - This is Andrew's first semester on the Sentinel staff but he has worked on his high school newspaper at North Monterey County. Andrew writes poetry and his favorite T.V. shows are ER, Law and Order, and Brooklyn South.

Greg - This is Greg's first semester with the Panther Sentinel. Greg's favorite place to eat is Johnny Rockets. His main pet peeves are women who smoke and people who complain too much.

Aaron - This is Aaron's first



photo by Sharon Monte

semester with the Panther Sentinel. Aaron graduated from Alisal High School.

Maria - This is Maria's fourth semester. Two of those were when she was attending AHS. She's getting her AA in photography and transferring to USF this fall.

Cecilia - This is Cecilia's first semester with the Panther Sentinel. She was a yearbook editor her senior year at NSHS. Her favorite all-time movies are Clue and Major League.

Tim - This is Tim's second semester on the Panther staff. Tim worked on the newspaper at North County High. Tim loves the SF Giants and hates the Dodgers and all teams from New York.

Letter to Editor

Dear Editor,

I commend The Californian and Dave Nordstrand for the balanced March 14th article on William Hartnell, the worthy namesake of Hartnell College.

At the same time, I condemn those who slander William Hartnell in an attempt to have the college re-named for their candidate, Cesar Chavez.

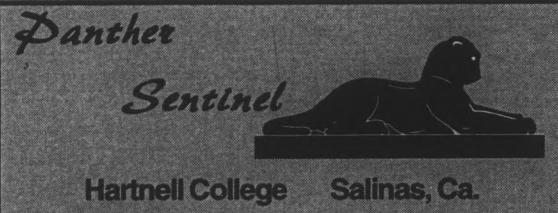
On one point, I agree with my former colleague at Hartnell, history instructor Ann de Jesus-Riley. The story quotes her as saying, "Most people don't even know who Hartnell was."

That sad fact should be corrected, and the American Association of University Women luncheon at the college Saturday will be a first step in that direction. Otherwise, History instructors at Hartnell should find out who Hartnell was by reading the well-documented, The Many Lives of William Hartnell, by Susan Bryant Dakin. Then, they will believe that their students should know who Hartnell was.

Hartnell contributed business and diplomatic skills to Mexican California more than 150 years ago. Chavez may have contributed equally with labor organizing skills in more recent decades. However, for a clear reason, Hartnell is more appropriate as the namesake of a college in the Salinas Valley. He started the state's first publicly supported educational institution, moving the school in its first year into buildings in the Salinas Valley, within what is now Hartnell Community College District.

Dick Andre

Retired English and Journalism Instructor
Hartnell College



EDITORS-IN-CHIEF
TIM BROWN
CECILIA CAVA

DESIGN & LAYOUT
TIM BROWN
CECILIA CAVA

COPY EDITING
IVY CHEN
CECILIA CAVA
ANDREW TURNER

CHARISE ESPINA
AARON LARA
MARIA JIMENEZ
ANDREW TURNER
GREGORY S. VERBA

PHOTOGRAPHY
MARIA JIMENEZ
CECILIA CAVA
GREGORY S. VERBA
TIM BROWN
CHARISE ESPINA
IVY CHEN

ADVERTISING
TIM BROWN
CECILIA CAVA
CHARISE ESPINA
MARIA JIMENEZ

**FACULTY
ADVISER**
TRACY SCHROTH

**PANTHER
SENTINEL**
156 HOMESTEAD AVENUE
SALINAS, CA. 93901
(408) 755-6862
e-mail:
panthersentinel@hartnell.cc.ca.us

Special Thanks To

The Californian

For printing the Panther Sentinel
and supporting our
journalistic aspirations

Renovation Exalts Technology Learning Center

Aaron Lara

STAFF WRITER

For those who have noticed the curtailing of work cubicles and conference tables available in the Hartnell College library and asked what the newly constructed room contains, the answer is Hartnell's new Technology Learning Center.

"Technology learning is learning by video conferencing and by computer programs," said Gary Hughes, library director.

Technology learning will provide students with different modes of learning from VCR, Cable TV, Laserdisk, and a computerized chalk board, all controlled by a touch pad. It will also allow students to fulfill major requirements by enrolling in classes offered by other colleges, without producing the hassle of commuting.

The Technology Learning Center will strive to offer classes varying from ESL to computer writing programs.

"In the immediate future we will offer a Music II class taught by Dr. Carl Christensen, and a hazardous waste class taught through Mission Community College," Hughes said.

To provide the full effect of video conferencing, video cameras will be mounted on all four corners of the classroom so every necessary image or sound may be received by a television transmitter.

Hughes said that this project will never be finished because of the innumerable developments in technology.

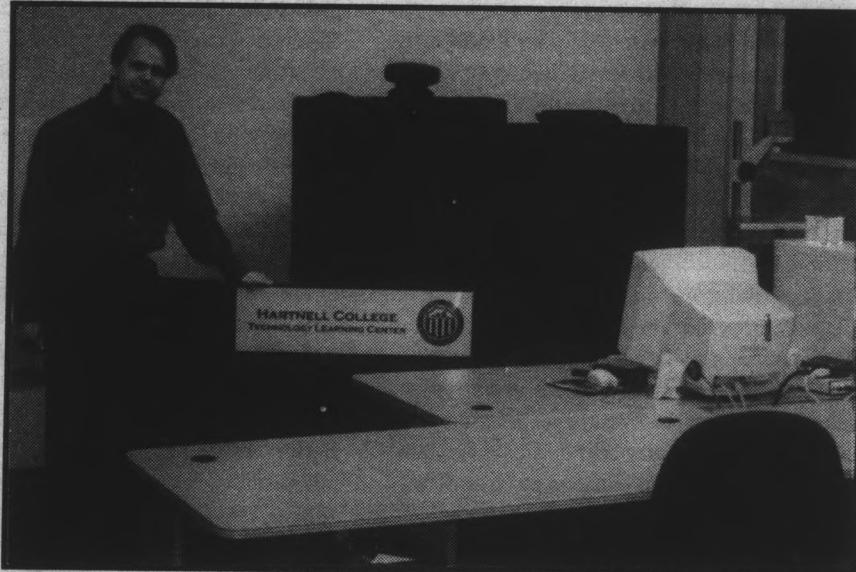


photo by Aaron Lara

The new Technology Learning Center will provide students with a full range of learning through computer programing, cable television, and a computerized chalkboard. Standing to the left is Instructional Technology Administrator, Chris Seddon.

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Your New Mission Statement, Should You Choose to Accept It

Andrew Turner

STAFF WRITER

You may have seen Dilbert do this lately and now the Board of Trustees is in on the act. This year the Board has adopted new Mission and Vision Statements. A Mission Statement is a general goal while Vision Statements are general objectives to further that goal. Hartnell began developing its new Mission and Vision Statements back in 1996 under the "Plan to Plan" concept. Now, two years later, the Statements have been adopted.

The Mission Statement:

"Hartnell College provides the leadership and resources to ensure that all students shall have equal opportunity to a quality education and the opportunity to pursue and achieve their goals. We are responsive to the learning needs of our community and dedicated to a diverse educational and cultural campus environment that prepares our students for productive participation in a changing world."

The new Vision Statements to further these goals:

- Hartnell College shall provide its diverse communities

and student population with equal opportunities for educational access and success.

- Hartnell College shall implement programs and services that recognize its culturally diverse community, and provide fair and ethical treatment of its entire population.
- Hartnell College shall seek and dedicate resources to be a technologically advanced institution.
- Hartnell College shall support a learning environment that rewards creativity, innovation, and risk-taking.
- Hartnell College shall anticipate and respond to changes.
- Hartnell College shall be a valuable resource and a facilitator of change for its communities.
- Hartnell College shall enhance its local and global community partnerships and outreach activities.
- Hartnell College shall excel in the recruitment, retention, and placement of

students.

Hartnell is now looking at ways to implement these new goals. In the past few months Hartnell has received two new grants from the Packard Foundation and the Harden Foundation which will be used in implementation as well helping the College Foundation implement its vision for assisting the College.

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Seize The Opportunities: Scholarships and Internships

Ivy Chen

STAFF WRITER

Area of Study: Agriculture

Award: \$500

Deadline: April 15, 1998

This scholarship is sponsored by Monterey County Farm Bureau. The Scholarship is to be given to a graduating high school senior or a graduate of Hartnell College. For additional information about eligibility requirements contact (408) 755-6811

Area of Study: Social Sciences

Award: Stipend is \$1,000

Deadline: June of each year

Chevrolet scholarship- The National College Magazine. Sponsoring organization is the U. National College Magazine. Purpose is to provide financial assistance for undergraduate students in the social sciences. The winner's name and school will be published in the October issue of U. Magazine. To be eligible, one must be currently enrolled as an undergraduate student who has a minimum g.p.a. of 3.2 and demonstrates financial need. For additional information contact (310) 551-1381

Area of Study: Actuarial Sciences, Business Administration, Economics

Award: Scholarships are intended to be supplemental funds

Deadline: October of each year

Golden State Minority Scholarships are sponsored by the Golden State Minority Foundation. This scholarship is intended to stimulate and encourage high academic performance among California minority students and to provide qualified minority students with financial assistance enabling students to pursue studies in business or a related field. Candidates must be currently enrolled as full-time students at a four year accredited college or university as juniors, seniors, or graduate students. Must be majoring in business administration, economics, life insurance, or a related field, and have a minimum g.p.a. of 3.0. Applicants also must be a qualified underrepresented ethnic minority (African American, Latino, or Native American). For additional information about eligibility requirements contact (213) 482-6300

Area of Study: Engineering, Mathematics, Sciences, Technology

Award: Awards include stipends of \$250 per week and up, a certificate of participation, and possibly a travel allowance.

Deadline: Applications may be entered at any time, but complete applications received by January of each year are given fall consideration for summer

fellowships.

Student Fellowships sponsored by Associated Western Universities. This fellowship enables science, mathematics, engineering, and technology students to participate in research at various national laboratories and cooperating facilities. Selection is based on academic performance and standing, career plan, recommendations, and compatibility of scientific interests and abilities with the needs and resources of the host facility. For additional information and eligibility inquiries contact (801) 273-8928 or e-mail at: info@sl.awu.org

Area of Study: Humanities, Legal Studies and Services, Social Sciences

Award: Participants receive a stipend of \$3,500

Duration: 35 hrs. per week for 10 weeks during the summer

Deadline: February of each year

Law and Social Science Summer Research Fellowships for minority undergraduates is sponsored by the American Bar Foundation. This fellowship provides work experience to underrepresented minority legal career. Undergraduates who are African American, Mexican, Puerto Rican, or Native American are eligible to apply if they are sophomores or juniors in college

with a minimum g.p.a. of 3.0 and are working on a major in the social sciences or humanities and are willing to consider a legal career. For more information call (312) 988-6500

Area of Study: Business - General programs, Marketing, Pharmaceutical Sciences, and Sales

Award: Interns receive a stipend and other benefits

Duration: Summer Months

This internship provides opportunities for participants to learn about Pharmaceutical industry sales and marketing and to enable Merck to identify talented individuals who have the potential to make a positive contribution to the organization's success. Open to college students interested in pharmaceutical sales and marketing. All majors and all degrees considered, but the internship is dedicated to students of color (African American, Hispanic, Asian and Native American). Selection is based on strong work ethic, excellent interpersonal skills, creativity, flexibility, and exceptional academic performance at the undergraduate or graduate level. For more information about deadlines contact (215) 652-5000

Child Care Facilities at the East Campus

Gregory S. Verba
STAFF WRITER

If everything goes as planned, more Hartnell College students will have a place to send their kids while they attend classes.

Hartnell College has received \$132,000 dollars from the Child Development Program of the California Department of Education to construct a sight for a day care facility at the Hartnell East Campus. Children Services International (CSI) had a deal with Hartnell on a long term lease to designate buildings on the East Campus for preschool child care.

There was suppose to be two aspects for the child care program. The program would have included an infant and toddler care service and the other half would have included a toddler and preschool service. However, in a change of events the infant and toddler care service didn't work out as planned and was dropped from the program. CSI, still wanted a toddler and preschool program, so they terminated their

lease with Hartnell to find a separate sight for their day care facility.

The only obstacle that the staff of Hartnell has to face is where to find funding for the furnishings and the operations.

Celia Barberena, Vice President for Student Services said, "There may be an opportunity for us to apply for funds. The funds needed are for furniture, materials, a playground, and for staff."

Barberena also stated that it is possible for the staff to use the school's Cal Works application fund that was provided by the California State Chancellor's office for the start up cost.

Once the day care center gets under way, the program will have two sessions for kids to attend. There will be one in the morning which will last from 8a.m. until noon and the second session will go from 1p.m. until 5p.m. Staff will allow 24 kids to enroll for each session. The age requirement for the children attending is at least 3 years of age and over.

When the search for a staff is complete there will be a certified, full-time sight supervisor, an employee of the college that will help with the program, a 30 hour per week master teacher and two instructional aids. The administrator that will be in charge of the program is Sherry Grey.

"The staff that will be hired will have the extensive training necessary to schedule certain activities for the

children," Barberena said.

She also said that the parents would have some input about the different types of activities that would be appropriate for the children.

The construction of the day care facility should be finished by July. According to Barberena, once Hartnell receives operational funding, the center should start up in August, the month that the fall semester begins for Hartnell students.



photo by Gregory S. Verba

Hartnell East Campus: The sight of the child care center where Hartnell students will soon be able to send their kids while they're attending class.

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Get Help with Your Math and Physics Homework

Cecilia Cava
EDITOR

Are you struggling with your math and physics homework? Are you stressed because you want to do well in these classes, but you can't find or afford a tutor?

Math and physics students need to look no further for help with their homework. Members of Hartnell's own Society of Physics Students (SPS) are now offering free help in room 11 in Merrill Hall on Mondays, Wednesdays, and Fridays from 1p.m. - 3p.m.

Improve your understanding of math and physics while improving your grades at the same time!

Openings at Hartnell
Andrew Turner
STAFF WRITER

The Hartnell Office of Human Resources has announced the following vacancies at Hartnell, for which they will be accepting applications this month.

Faculty Openings

- Computer Science Instructor
Final Filing Date 4/2/98
- Early Childhood Education Instructor
Final Filing Date 4/2/98
- ESL Instructor
Final Filing Date 4/2/98

Administrative Openings

- Vice President for Instruction
Final Filing Date 5/8/98
- Dean of Occupational Education
Final Filing Date 5/1/98

Princess Di Beanie Baby at Bookstore

Maria Jimenez
STAFF WRITER

"Guess How Many Jelly Beans Are In The Jar," is the first Hartnell College bookstore contest. Everyday up to April 20 you will have an opportunity to guess the amount of jelly beans placed in the jar and if you are one of the two people whose guess is the closest, you will have the chance to purchase the "Princess," the beanie baby, at the ever lowest price of \$5.99. Princess beanie babies have a market value of \$95 to \$250.



To enter the contest stop by the student bookstore. No purchase is necessary. Winners will be notified April 20th. Don't miss out on this great opportunity to be the owner of this collectors item. "Princess," is not for sale. This is only a promotional offer. It is the cutest purple lightweight bear you have ever seen. All profits from this collectible will be donated to the Diana, Princess of Wales Memorial Fund.

How Many Jelly Beans Are In The Jar?

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Aaron Lara
STAFF WRITER

Recent legislation has proposed the reduction of the drinking age from 21 to 18 years of age. This proposal has yet to reach the national political spectrum. Two opinions were expressed consistently when Hartnell College students were asked whether the uniform drinking age of 21 should be reduced to age 18.

"I would vote to reduce the drinking age," said Steve Tidwell an electronics major. "At the age of 18 you can die for your country, vote in government elections and are able to sign a legal contract. Why can't you drink at 18?"

Although this statement does represent good material for the argument in favor, Tidwell and others seemed to be at the short end of the stick in this Hartnell College survey. The majority of the surveyed group felt that the drinking age should stay as it is. Certain individuals felt the drinking age should be raised.

"I started drinking when I was 14. I became an alcoholic. It was a tough time in my life I wouldn't want to experience again," said Interior Design major Myra Merendo.

Over half of the people who disagreed with the reduction of the drinking age did so because of past

experiences with alcohol. Barbara Constance, 18, believes that most of youth abuse of alcohol is rebelling against the system.

More than half of the surveyed group who agreed with the current law, said that they would like to see the drinking age raised.

Spanish instructor Rosemarie Del Castillo said that this country and its culture are not ready for this responsibility. As we all know, drinking in overseas countries does not carry the same taboos as here in the states.

Therefore, when Del Castillo was asked what the legal drinking age is in her native Spain, she answered with uncertainty.

"The issue over there (Spain) is not the drinking age, because we have conditioned ourselves to drink responsibly," said Del Castillo.

Whatever direction this legislation takes, either maintaining its current status or reducing the drinking age, the fact of the matter is Americans need to learn to drink more responsibly, at any age.



photo by Aaron Lara

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Changing the Drinking Age

Students and Faculty Voice Opinions



Maria Fortes, 17, Behavioral Science
No, you don't know that person. You are not able to see how they look.



Kandy Sloan, 39, Computer Graphics
Yes. It depends if it feels right.



Will Harrington, 28, Multimedia
Probably not. I don't know. I am a little skeptical.



John Foxworthy, 51,
Multimedia Graphic Photography
No, I like to meet people face to face.
You can say anything electronically but it's not the same as the first impression.

Question: Would You Date Someone You Met On The Internet?



Rita Zayas, 36, Multimedia
No. I'm happily married, and if I wasn't, I still would not.



Monica Ledesma, 24, Psychology
Yes, because it is interesting to have a relationship with people from all over the world.



Vidal Rubalcava, 19, Multimedia and Theater Arts
No, because they might be freaky.



Patty Coyt, 22, Agriculture Industrial Interior Design
No. I want to get to know the person.
You don't know how the person really is.

WOMEN'S HISTORY MONTH

Adelante Mujer Hispana Conference Encourages Hispanic Women to Succeed

Maria Jimenez
STAFF WRITER

Over 450 young women of junior and high school levels from the Monterey County area, and their mothers, gathered to celebrate Women's History Month by participating in the Adelante Mujer Hispana Conference at the Hartnell College Student Center on Saturday, March 7.

In the month of March, the Adelante Mujer Hispana Conference celebrated its 10th year anniversary.

"Our conference this year was a big success," said Maria Castillo, Adelante Mujer Hispana committee representative and Hartnell College counselor.

In 1988, Della Garcia, Maria Guriato, Gloria de la Rosa, Silvia Garcia, Viqui Mora, the Salinas Unified High School District, Regional Occupational Program, Hartnell Community College, Pacific Bell, and Bank of America united to impel young Latina women to get a better education throughout the Adelante Mujer Hispana Conference.

"The conference purpose is to motivate young women to have a successful future by educating themselves in any career," said Castillo.

Anai I. Aranda with the "White Hack Dancers" opened the Conference with a blessing dance. Mistress of Ceremonies, Rosa Maria Juarez Clark, welcomed everyone and Theresa Carbajal, Hartnell

College counselor, introduced keynote speaker Blanca Ochoa.

Blanca Ochoa came to the United States from Mexico when she was 13 years old. She attended Alisal high School for a year and then transferred as a sophomore to Santa Catalina School where she graduated in 1995. After high school she attended Princeton University. She graduated in 1995 with a BA degree in Molecular Biology. Ochoa is currently a 3rd year medical student at UC San Francisco. She will be graduating in the year 2000.

This event provided workshops given by professionals in many careers, a Mexican lunch and fun entertainment.

There was an art exhibit by "Children of the Sun" (Hijos Del Sol) and entertainment during lunch by an energetic group of students from King City High School called "A Step Closer." Throughout the 10 years many professional women have donated their time to be workshop speakers at this conference. These women share their professional experiences and their accomplishments with the 45 young women who attend their workshops in each section.

The workshop sessions started at 10a.m. with workshops in Careers and

Professions, Barriers To Success, Careers in Math, Financial Aid, Latinas in Law, Latinas in Medicine, How to earn A's and B's, Careers in Nutrition, Latinas in the Communication Fields such as; journalism and radio broadcast, Latinas in Administration, Latinas in Education, Latina Social Workers, Alcohol and Drugs, Latinas in Computer Science, etc.

"The workshops gave me an opportunity to see the different careers I can study in the future," said Sandra Villa, 15.

Not only did young women have a chance to participate in these workshops.



photo by Maria Jimenez

Community women gather for the Adelante Mujer Hispana Conference.

Many workshops were for mothers of young women such as Nurturing Our Daughters, Woman to Woman, and Teen-Parent Communication Tips.

Parent Carolina Fernandez, who accompanied her daughter to the conference, said, "I enjoyed the conference. Everything was well organized and I had a great time!"



photo by Maria Jimenez

Student employees stand in front of a display of women books in the Hartnell Bookstore. (From Left to Right) Dmitry Soutin, Sergio Barrientos, Nichole Pangaiban, and Text Book Manager, Kate Renn. The bookstore has a diverse selection of books which celebrate women's contributions and achievements.

Phenomenal Woman

by Maya Angelou

Pretty women wonder where my secret lies
I'm not cute or built to suit a fashion
model's size

But when I start to tell them
They think I'm telling lies
I say,
It's in the reach of my arms,
The span of my hips,
The stride of my step,
The curl of my lips,
I'm a woman,
Phenomenally
Phenomenal woman
That's me.

I walk into a room
Just as cool as you please,
And to a man,
The fellows stand or
Fall down on their knees.
Then they swarm around me
A hide of honey bees
I say,

It's the fire in my eyes,
And the flash of my teeth,
The swing in my waist,
And the joy in my feet.
I'm a woman
Phenomenally
Phenomenal woman
That's me.

Men themselves have wondered
what they see in me
They try so much
But they just can't touch
My inner mystery.
When I try to show them
They say they still can't see.
I say,
It's in the arch of my back,
The sun of my smile,
The ride of my breasts,
The grace of my style.
I'm a woman
Phenomenally
Phenomenal woman
That's me.

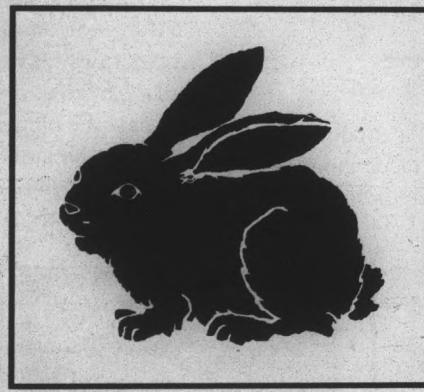
Now you understand
Just why my head's not bowed
I don't shout or jump about
Or have to talk real loud
When you see me passing
It oughta make you proud
I say,
It's in the click of my heels,
The bend of my hair, 'The palm of
my hand
The need of my care.
'Cause I'm a woman
Phenomenally
Phenomenal woman
That's me.

The Beginnings of Easter

Ivy Chen

STAFF WRITER

Easter is usually a grand celebration for many people. Primarily celebrated by Christians, it marks the day Christ rose from death. Many students have fond memories of celebrating Easter with family, going to Sunday Service, and being involved in Easter hunts. Those that do not celebrate the religious affiliations of Easter simply enjoy the already established traditions such as receiving Easter baskets filled with goodies, dyeing and painting eggs, or searching for the golden egg or stamped egg with a prize to collect.



"I celebrate Easter by going to church in the morning and sometimes out to eat after church. Easter is a great day because it marks the resurrection of Jesus Christ, the only hope for humanity..." said Hartnell student Roger Griffith, 37, who is in progress of getting his teaching credentials. "As a child we used to always have an Easter egg hunt, with a golden egg to be found with something special inside."

Clara Jo Hays, an English major, celebrates Easter by attending Sunrise Services and eating breakfast followed by meditation.

How did Easter become such a popular celebration using the Easter bunny as the Easter symbol?

These traditions had their origins somewhere. Here's the whole story behind Easter.

The holiday symbol of the Easter Bunny, or hare to be more precise, can be traced to the origin of the word Easter. According to Venerable Bede, an English historian who lived from 672 to 735, the goddess Eostre was worshiped



by the Anglo-Saxons through her earthly symbol, the hare.

The custom of the Easter hare came to America with Germans who immigrated to Pennsylvania in the eighteenth and nineteenth centuries. They moved from Pennsylvania to various parts of the East spreading their customs. Most

eighteenth century Americans rejected this idea because they stuck to the basic religious denominations and ignored the "frivolous symbol [of] a white rabbit."

More than a hundred years passed before it gained acceptance

and popularity in America. *Panati's Extraordinary Origin of Everyday Things* states, "It was not until after the Civil War, with its legacy of death and destruction, that the nation as a whole began a widespread observance of Easter itself, led primarily by Presbyterians. They viewed the story of resurrection as a source of inspiration and renewed hope for the millions of bereaved Americans."

Easter however, had its origins in 2nd Century, Rome. Easter in the Christian faith celebrates the Resurrection of Christ making it the most sacred of all holy days. It is also the name of an ancient Saxon festival and is derived from the pagan goddess of spring and offspring, Eostre. Because of church supremacy early on, the Saxon festival of Eostre was transformed into a Christian service.

Second-Century Christian missionaries, encountered many heathen religious ceremonies performed by the Teutonic tribes north of Rome. Instead of interfering with pagan practices, Christians transformed them into ceremonies which agreed with Christian doctrine. *Panati's Extraordinary Origin of Everyday Things* states, "There was a very special reason for this. Converts publicly partaking in a Christian ceremony - and on a day when no one else was celebrating - were easy targets

for persecution. But if a Christian rite was staged on the same day as a long-observed heathen one, and if the two modes of worship were not glaringly different, then the new converts might live to make other converts."

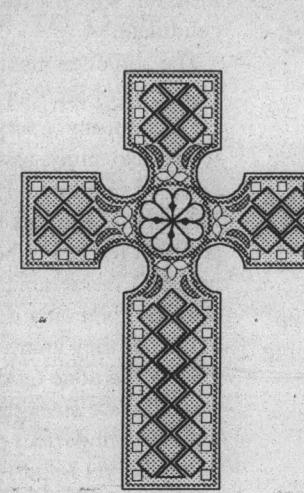
Christian missionaries observed that the centuries-old festival to Eostre, celebrated at the start of Spring, coincided with the time of year of the miracle of the

Resurrection of Christ. *Panati's Extraordinary Origin of Everyday Things*

states, "Thus, the Resurrection was subsumed under the protective rubric Eostre (later spelled Easter), saving the lives of countless Christians."

Easter was celebrated on a Friday, Saturday, or Sunday for several decades. But finally, in A.D. 325, the Council of Nicaea, assembled by the emperor Constantine, issued the so-called Easter Rule: "Easter should be celebrated on the first Sunday after the first full moon on or after the vernal equinox." Thus, Easter was astronomically bound never to fall earlier than March 22 or later than April 25.

At this same meeting, Constantine decreed that the cross be adopted as the official symbol of the Christian religion.



Recipe Corner: Hard-Boiling Eggs Made Easy

Cecilia Cava

EDITOR

With Easter upon us, many

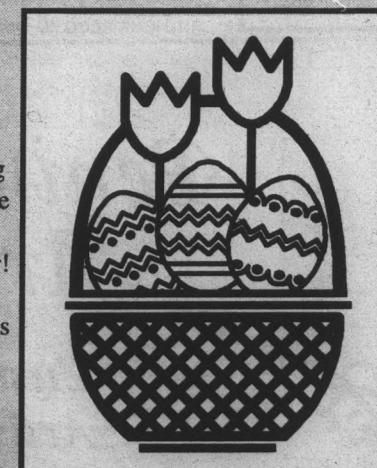
family cooks are scrambling to put together the perfect Easter dinner. Most of those who celebrate Easter by cooking a big meal opt for lamb while others have ham. But who cares about dinner! Everyone knows that the best part of Easter is the Easter eggs! But what everyone might not know is the best and easiest way to boil your eggs.

Hard-boiling eggs can be very tricky and, when it's not done correctly, you may be very embarrassed when your colored eggs turn up runny inside instead of hard-boiled. Another problem can happen when an ugly greenish ring forms around the yoke. This happens because

the eggs are cooked for too long or cooked at too high a temperature.

Here's the best way to hard-boil eggs: Place cold eggs in a single layer in a saucepan just big enough to hold them. Add cold water to cover eggs by one inch. Cover saucepan and bring to a boil over high heat. Remove from heat; let stand covered 17 minutes for medium-sized eggs/20 minutes for large eggs. Pour off water and put pan under cold running water for about a minute. This will stop further cooking and your eggs should turn out without that embarrassing greenish ring around the yoke.

Then have all the fun you want coloring your eggs!



MOVIE REVIEWS

"Primary Colors"
Starring John Travolta and Emma Thompson
Panther Rating:

*** 1/2

Andrew Turner

STAFF WRITER

The movie, *Primary Colors*, is a compelling story that gets you caught up in the characters' need to believe. The big names in the film are John Travolta, playing Clinton-esque presidential candidate, Jack Stanton, and Emma Thompson, who plays Stanton's wife, Susan.

The real focus of the story, however, is the idealistic campaign manager, Henry Burton, who is played by British actor

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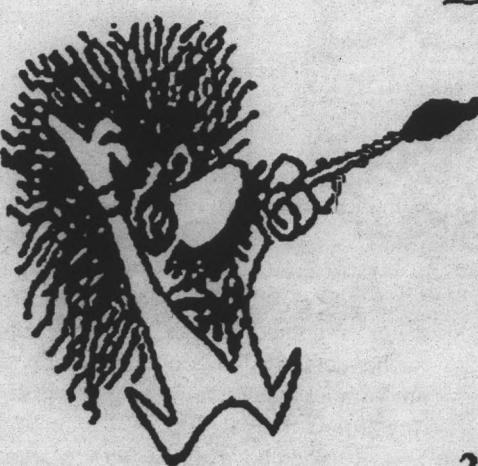
Adrian Lester. The story is of Burton's struggle to reconcile and balance his idealism with the flawed nature of his candidate.

The audience must struggle with the character of Stanton in the same way. He's charming, energetic, and noble, while also slimy, and immoral. He's not all good or all bad. He's a complex, individual. The fact is we don't want our political leaders to be people. We want men and women made of marble, flawless. Not only do such people not exist, but they aren't the kind who could get the job done on the modern, political stage. So we struggle to believe in dynamic, imperfect people and our dynamic, yet imperfect system.

Oscar winner, Kathy Bates, delivers a brilliant supporting performance as Libby Holden, a longtime Stanton supporter and political fixer. Holden is a political pitbull and another true believer who tries to act as the Stanton's moral center while struggling with her need to believe in Jack.

Strong supporting performances are also offered by Billy Bob Thornton as crude, good-ole-boy campaign strategist Richard Jemmons and Maura Tierney as Campaign media advisor Daisy Green.

I highly recommend this movie. It is a funny, dramatic, moving look at behind the scenes politics, modern day heroes, and our need to believe.



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"The Man In The Iron Mask"
Starring Leonardo DiCaprio and Jeremy Irons
Panther Rating: ***

Tim Brown

EDITOR

It is a rare treat to see a good movie, with an incredible cast made in today's Hollywood, but *The Man In the Iron Mask* is such a movie.

This movie is written and directed by Randall Wallace, the Academy Award nominated writer of *Braveheart*.

The plot involves three retired Musketeers, Aramis (Jeremy Irons), Athos (John Malkovich), and Porthos (Gerard Depardieu) trying to overthrow an evil king (Leonardo DiCaprio) who starves his own people.

D'Artagnan (Gabriel Byrne) is captain of the current Musketeers, and his duty is to protect the king whatever the cost.

When Louis XIV wants a pretty

young girl, he sends her fiance, Raoul, off to war to kill him. After he is dead Raoul's father, Athos, wants revenge. Aramis brings together Athos, Porthos, and D'Artagnan and tells them of his plan to replace the king without a revolution. To do this he wants to exchange the king with a lookalike, who has been in an iron mask for the past six years (also played by DiCaprio).

D'Artagnan is the only one that is against the plan saying that the king can become the great king that they have always hoped to serve. The rest of the movie, D'Artagnan fights with himself, choosing between his duty and the loyalty and love he has for his dear friends.

Bryne (The Usual Suspects) is excellent in this role and is one of the biggest reasons that the movie works. You can see that it is tearing him up inside. No matter which side he is on he is betraying something that is important to

him.

Another big performance comes from Malkovich (Con Air), who shows that his whole reason to live is his son, Raoul, and, once he is dead, the rage he feels and the revenge he wants.

Irons and Depardieu are wonderful in their parts. Depardieu is very funny as Porthos, who misses the battles of the past and tries to be with the many women of the day.

I was a little disappointed with DiCaprio's performance coming off his role in *Titanic*. Both of the characters he portrays lack any depth and seem one-dimensional. In the presence of the great actors of today, like Malkovich and Irons, DiCaprio seems like a child.

This movie is more than a "Leonardo DiCaprio beauty contest," and I recommend it to anyone.



MUSIC REVIEW

BOOK
REVIEW

**Brian McKnight,
"Anytime"**
Panther Rating: ***1/2

Gregory S. Verba
STAFF WRITER

R&B artist Brian McKnight's newest album called "Anytime" should have been changed to "Heartbreak Hotel."

With some of the songs like, "Show Me The Way Back To Your Heart," "Til' I Get Over You," and McKnight's latest hit, "Anytime," the lyrics are kind of depressing but compared to his first album, you can tell McKnight is stepping into a new sound with his most recent album. His first album, which was released a few years back, that included the hit single, "One Last Cry," was known for the soulful melodies that you can play in your stereo at home, while you're having a romantic night with your significant other.

In 1998 McKnight still has his soulful roots in most of his songs, but with a little hip-hop flava to it.

The song "You Should Be Mine (Don't Waste Your Time)," features rap sensation Mase who's rhymin' skills blends in well with the funky rhythm of this song. The product of this album showed that McKnight expanded his musical talents by taking on a style that was a little different from his own. So, "Don't Waste Your Time" and run to the record store to get a little taste of the new sound of Brian McKnight.

**Brooks and Dunn,
"Greatest Hits Album"**
Panther Rating: ****

Cecilia Cava
EDITOR

One of country music's favorite duos has compiled a "Greatest Hits" album that is a must have for any country music fan.

Brooks and Dunn "Greatest Hits Collection" is packed with 19 of their best tracks during their five years

**The Verve,
"Urban Hymns"**
Panther Rating: ***1/2

Gregory S. Verba
STAFF WRITER

With the group's first cut from their album, "Urban Hymns," it was more of a sweet symphony than a bitter one for The Verve. Their single, called "Bitter Sweet Symphony" had major contributions from classical and legendary artists like the Andrew Oldham Orchestra who provided the classical rhythms along with Mick Jagger and Keith Richards of the Rolling Stones who wrote the lyrics.

On the album there are 13 tracks with songs that will catch your listening pleasures like, "Sonnet" and "The Drugs Don't Work," in which the title for this track explains the message of the song. Other songs included in the album are "Space And Time," "Weeping Willow," and "Lucky Man." Out of the 13 songs, there are only two, "Catching The Butterfly" and "Neon Wilderness," that should be given thumbs down because of its gloomy rhythmic sound.

The Verve, a band including five members, put together an album that has a lot of quality songs, which could be possible hits on the radio just like, "Bitter Sweet Symphony." Richard Ashcroft, the lead singer of the group, has a singing style that could almost be compared to Bono, the lead singer for U2. The album as a whole is worth the money if you need something to listen to while you're relaxing at home.

together as a duo. Since they got together, Kix Brooks and Ronnie Dunn have sold over 12 million copies and have received over 20 major awards.

This collection has many well-known favorites such as "Boot Scootin' Boogie," a popular dance track; "My Marie"; and "Rock My World (Little Country Girl)."

For more information about Brooks and Dunn's other other CDs, and for tour information, check out their web page at: www.brooks-dunn.com

**Timbaland & Magoo,
"Welcome to Our
World"**
Panther Rating: ****

Gregory S. Verba
STAFF WRITER

This east coast duo welcomes you to their world, a world of funky beats and a fresh new sound that will make you raise the roof. Timbaland and Magoo's debut album contains 13 tracks along with 3 remixes and a couple of needless interludes. Plus, you get something a little extra when Missy "Misdemeanor" Elliott shows off her rhymin' skills in "Up Jumps Da' Boogie." R&B artists, Aaliyah and Ginuwine also make a special appearance on the album. Aaliyah throws down a soulful track called "Man Undercover" and Ginuwine lays down a track for all the ladies called "Joy".

The special appearances by the artists alone don't just make this album slammin'. It's the creators of this album, Timbaland and his sidekick Magoo, who turned their east coast style of rap into more of a funkier and creative sound that will make you bob your head.

With Timbaland's dark voice and Magoo sounding like he was sucking on a helium balloon, the duo teamed up and created a unique sound. Their recent hit "Luv 2 Luv U" showcases their rhymin' technique. Other tracks to groove to include "Smoke In Da' Air," "Peepin' My Style," and "Clock Strikes," the remix version which includes samples of the "Knight Rider" theme song.

Overall, this is an excellent choice because of the album's versatility, combining rap with a little taste of soul.

So, for all the hip-hop fans out there that want to hear something different besides the typical hardcore gangsta rap, Timbaland and Magoo is the album for you.

**Female Author,
"Women Latina
Celebration Book"**
Panther Rating: ****

Maria Jimenez
STAFF WRITER

Latinas! Women of Achievement!

This book celebrates the accomplishments of 70 distinguished Hispanic women who have achieved national and international recognition. *Women of Achievement* provides detailed biographical essays with photographs. Among the 70 inspirational women included are artist Nicholasa Mohr, singer Gloria Estefan, activist Dolores Huerta, astronaut Ellen Ochoa and many more. Each woman's biography include family, career and educational backgrounds and discusses their significant achievements. Everyone who wants to learn about great Latina women who have succeeded in the United States will find *Latina! Women of Achievement* an informative and yet, a fascinating reading.

PANTHER RATING
SCALE

**** A Classic

*** Worth the time and money

** Proceed at your own risk

* Don't even bother

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DID YOU KNOW?

Ivy Chen
STAFF WRITER

The following is a list of incredibly important facts that you need to know, because they could change your life. (Yeah, right!)

- On a Canadian two-dollar bill, the flag flying over the Parliament Building is an American flag.
- All of the clocks in Pulp Fiction are stuck on 4:20
- Tigers have striped skin, not just striped fur.
- "Dreamt" is the only English word that ends in the letters "mt".
- The Ramses brand condom is named after the great Pharaoh Ramses II who fathered over 160 children.
- A dime has 118 ridges around the edge.
- It is impossible to sneeze with your eyes open.
- Paul Rieser himself played the piano for the "Mad About You" theme song.
- In England, the Speaker of the House is not allowed to speak.
- There are 336 dimples on a regulation golf ball.
- The term "to testify" is based on men in the Roman court swearing to a statement on their testicles.

Bumper Sticker Sayings

Ivy Chen
STAFF WRITER

Here are some of the Sentinel's favorite pieces of traffic jam wisdom.

"As long as there are tests, there will be prayer in public schools."
"He who laughs last didn't get the joke."
"Time is the best teacher; unfortunately it kills all its students"
"Warning: Dates in Calendar Are Closer Than They Appear."
"Always remember you're unique, just like everyone else."
"Lottery: A tax on people who are bad at math."
"Be nice to your kids. They'll choose your nursing home."
"I souport publik edekasion."

Andrew Turner
STAFF WRITER

Test your Panther Sense in the categories below. Score one Claw for each correct answer. One to Two Claws: Below Average. Three to Four Claws: Average. Five to six Claws: Intelligent. Seven to Eight Claws: Genius. Nine to Ten Claws: Hartnell Graduate.

1. What kind of animal is a titmouse?
a. rodent b. bird c. lizard
d. marsupial
2. What city is known as the Eternal City?
a. Paris, France b. Barcelona, Spain
c. Rome, Italy c. Amsterdam, Netherlands
3. How many feet make up one mile?
a. 5,380 b. 3,480 c. 5,280
d. 4,830

Panther Trivia

4. In the United States how many years must a person be missing before they can be declared legally dead?

a. 9 years b. 5 years c. 12 years d. 7 years

5. What is the brief inscription carved on the tablet held by the Statue of Liberty?

a. E Pluribus Unum b. July 4, 1776 c. Annuit Coeptis d. August 12, 1883

6. Who holds the record for the most total World Series home runs?

a. Roger Marris b. Babe Ruth c. Mickey Mantle d. Henry Aaron

7. Who was the first U.S. President to drive an automobile?

a. Calvin Coolidge b. Theodore Roosevelt
c. Warren G. Harding d. Grover Cleveland

8. What is the traditional drink

sipped by the champion in the Winner's Circle at the Indianapolis 500?

a. champagne b. milk c. water d. cider

9. Who fashioned George Washington's false teeth?

a. Paul Revere b. Benjamin Franklin c. Thomas Paine d. Thomas Jefferson

10. What are the largest cells found in a human body?

a. brain cells b. liver cells c. white blood cells d. ovum

Answers: 1)b 2)c 3)c 4)d 5)b 6)c
7)c 8)b 9)a 10)d

Up To The Minute Weather

Andrew Turner
STAFF WRITER

We are a monthly paper, look out the window and see.

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DE 9 a.m. a 7 p.m. de Lunes a Sábado

Panther Poetry

Untitled

Hear the gossip
Chitter Chatter
Like the rain
Pitter-Patter
See my heart
Crack in two
Like Civil War
Come unglued
Feel my anger
Sad and bitter
Like a wasteland
Trash and litter
Follow my thoughts
Round they go
Like a carousel
As it flows
Hear my words
Spoken of you
An angel's breath
Pure and true
Know your denial
Makes me cry
Thoughts of you
Don't know why

Cecilia Cava
December 5, 1996

Am I Blue

When the day starts to go
When the sun starts to rise
When the fog hangs low
When the heat rolls by
When I tell you I know
When I ask you why
When you laugh hello
When you whisper good-bye
When I'm flush with dough
When the wells run dry
When life goes slow
When all hell rushes by
When she tells me so
When she just starts to cry
When I'm ready to go
When I'm to tired to try
Am I blue?

Anonymous

No Joy

I'm standing by my window side
watching the rain fall
wishing I was like that
I come around once
disappear never seen or heard of again
Looking at my rainy face in the mirror
I see nothing
Blank
I can't even read my face
What is wrong with me
Living life like a square
going straight
OOPS sharp turn
well you get it

Estelle Espina

Mirror Mirror

Mirror Mirror on the wall
I wish for a man nice and tall
I want him nice and sensitive.
I want him to know how to give
I don't care if he has the looks
It doesn't matter to me
Just make him mine
I should tell
that if you can't comply
I'll then go to a wishing well
and wish for my dream guy

Estelle Espina

Alone

To think
I must be alone
To love
We must be together
I think I love you
When I'm alone
More than I think of you
When we're together
I can't think
Without loving
Or love
Without thinking
Alone I love
To think of us together
Together I think
I'd love to be alone

Kabir Thapa

Last Word

I wish things would be different
between me and you,
But you see they can't
I wish I could still be alone with you
I wish I could still hold you
in my arms once more
To tell you to come back--
is what I want to say
But I failed you are far
... far away Today
you know how much I loved you
Go or stay you tell me what to do
I might go, but if you want me to stay
I would love you The old fashioned way

Estelle Espina

Oh, Beautiful Diana

Oh, beautiful Diana,
You are truly courageous,
You are truly compassionate,
You are truly considerate,
You are truly our Princess.
In life you stepped down
From your Royal perch
And extended your hand to us
And we touched it.
In death God extended His hand
To you and you touched it.
We'll always love you Diana.

J. Joseph Mota

I've Not the Will

My heart continues beating
As I've not the will to die
My eyes stare on at nothing
As I've not the will to cry
And the living is so painful
Yet to end more fearful still
To face Judgment having ended life
I've not the will

Anonymous

A Lie

Unsure and a little afraid
Overwhelmed by the love that you gave
Never knowing, never wanting
Chilling fear keeps on haunting
Learn I will somehow
Trust you, I will for now
Deep within I can see
How simple it could be
Letting you go now; I could survive
In the future, however, I will surely cry
Yet for now I'll hold you near
Admit my love and let go of fear
That way in the end I'll hopefully be
The one that's missed; the one set free
I will surely cry, but I won't die
Because for now I'll hold you near
And live a lie

Cecilia Cava
October 6, 1997

As You Dare

As you sit down in the corner
And dare to look around you
At the fires down below you
And the waters that surround you
As you dare to walk the coals
As you dare to swim for shore
As you sink beneath the waves
When your heart can stand no more
As you burn to bitter ash
When your heart can stand no more

Anonymous

**Are You a Creative Writer?
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Women cont'd from p. 1

Southern California and received a Masters degree in communication management. In 1986, she received her Ph.D. from the University of California, Davis School of Law. Student Dian Smith said, "I am here to listen to what Marla Anderson has to say and experience her wisdom." In her speech, Judge Anderson talked about what women's history is and what it means to her.

The night concluded with the reading of the poem, "Phenomenal Women" written by Maya Angelou, recited by Irma Aceves Valdez and Maria Concha Salinas.

Paintings cont'd from p. 1

The two paintings were painted by Italian painter Leonardo Barbier, and had to undergo restoration by Andrzej Pawlikowski to remove varnish. The restoration took longer than originally expected because Pawlikowski also had to remove over-painting that was part of an earlier restoration effort.

The two paintings were unveiled on Wednesday, March 11 at 11 a.m. in the Hartnell Library and will be on loan to the College until Jan. 1, 2002.

The fine art appraiser John Chiappolini of Faison/Chiappolini & Associates appraised the painting of William Edward Petty Hartnell at \$3,000 and the painting of his wife Theresa de la Guerras Hartnell, at \$2,500.

Smoking cont'd from p. 2

or addictive. Now with new revelations from honest industry insiders and the combined efforts from State Attorneys General the truth is out and Big Tobacco is on the run.

As I stated earlier, I smoke. I smoke on occasion with friends or outside my house. I do not smoke often enough to become addicted, but I am aware that I could become so with minor changes in my habits. I am also aware that smoking is damaging to one's health, even smoking once in awhile. Choosing to smoke when so much knowledge is available on the dangers of smoking is stupid. I make no defense for my actions here. However, smokers who are angry at the ban cannot lump me in with non-smokers they see as infringing on their "rights". Smokers of the world, I am one of you. Smoking is not a right. People have the right to earn a living without having to suffer because you choose to harm yourself. The new ban is saving lives. Support it.

Survey cont'd from p. 1

differently according to gender and ethnic group. For example, minorities and women are better listeners than whites and men.

6) Focus groups can be conducted to better understand why students responded the way they did since this survey results show the "what" but not the "why."

The Research Brief came from Chris Myers of the Institutional Research and Planning Office. A larger report with more details and additional data tables will be available from the Institutional Research and Planning Office upon request.

"Baseball" continued from Page 15

Baltimore Orioles will make the playoffs. The only question is who will win the division and who will be the wild card.

With the addition of all-stars second basemen, Chuck Knoblauch, and designated hitter, Chili Davis, the Yankees have added two big time players to an already potent lineup. If the rotation and bullpen are healthy, New York will overpower Baltimore on their way to their second championship in three years.

The Orioles are a powerful but aging team and their lineup is not as powerful as New York's. Also, they do not have a proven closer, which will make all the difference in the world.

If the **Boston Red Sox** were in either of the other divisions in the AL, we would be talking about Boston contending for a division title, but because they have two powerhouses in their division they are considered a dark horse at best. With the addition of pitching ace, Pedro Martinez, and closer, Dennis Eckersley, to strengthen the pitching staff, if Boston or New York falters, look for Boston to step up.

The **Toronto Blue Jays** and the **Tampa Bay Devil Rays** will not make the playoffs. Either team could win 80 games and still be more than 20 games out of first place.

National League West

The National League West is so deep that four of the five teams have a legitimate shot at winning the division.

On paper the **San Francisco Giants** are the fourth best team in the division, but as the Giants reminded everyone when they won the division, you don't play the game on paper, you play it on the field. The Giants aren't as talented as the other teams, but they just play better together. The Giants replaced every player they lost during the off season. They added Orel Hershiser, Rob Nen, and Chuck Carr, to replace overpaid pitchers, Wilson Alvarez, Roberto Hernandez, Rod Beck, and overpaid position players Glen Allen Hill and Vizcaino. Still if the Giants don't get another bat to go with Barry Bonds, Jeff Kent and J.T. Snow, then they will make another quick exit from the playoffs.

The **Los Angeles Dodgers** are the anti-christs...er I mean anti-Giants. They are easily one of the most talented teams in baseball, but they don't play well together. Last year they self-destructed, playing the part of Goliath to the Giants' David during a classic pennant race. They lack guidance and leadership. Until that changes they will be free for the month of October.

During the off season the **Colorado Rockies** won the Daryl Kyle sweepstakes and now have their first true ace pitcher at the peak of his career. The team is built for the thin air of Denver with power hitters like Larry Walker and Dante Bichette. However this team has never shown that it can win on the road and until it does the Rockies aren't going anywhere soon.

The **Arizona Diamondbacks** have started on the right foot, placing proven stars Matt Williams and Jay Bell with youngsters Travis Lee and Karim Garcia. The Diamondbacks will be competitive, but they won't be a winner this year.

National League Central

With three top players in the prime of their careers - Jeff Bagwell, Craig Biggio, and newcomer Moises Alou, the **Houston Astros** are going to take the division. Even with the loss of Darryl Kyle, the Astros should have enough pitching to take the central division title.

Like the Astros, the **St. Louis Cardinals** lost the staff ace, Andy Benes, and gained a big bat with Mark McGwire. St. Louis could easily take the central division title, or just end up with the wild card.

After Houston and St. Louis the pickings are slim. Low salary teams like the **Pittsburgh Pirates**, **Milwaukee Brewers**, and **Cincinnati Reds** each have low payrolls to show for the lack of talent on their team. The **Chicago Cubs** look like the same old pushovers.

National League East

Great pitching wins pennants. During the 90's the **Atlanta Braves** have been the most dominant team in baseball, winning 6 division pennants and going to 4 World Series. Atlanta's rotation is so strong that it would take an absolute miracle for them not to win the pennant. Not only are they still great, even after losing Kenny Lofton, but the NL East is weak.

The only other team from this division that might make the playoffs are the **New York Mets**. With the addition of relievers Dennis Cook and John Hudek to a bullpen that already has John Franco, Mel Rojas, and Greg McMichael, the bullpen should take a lot of pressure off their young starters and give the Mets a chance at the wild card slot.

The other three teams in this division - the **Montreal Expos**, **Florida Marlins**, and **Philadelphia Phillies** - have decided that they can't afford to pay big name players. These three teams have rosters filled with rookies and can only be considered longshots, at best.

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Major League Baseball '98 Forecast

Tim Brown

EDITOR

Well, it's Spring. Flowers are blooming, Easter is here, and the boys of summer are starting an all new season. Every year so-called "experts" tell us, the fans, who is going to win big, and who will be in the cellar. Now I'm taking a shot at it. These predictions are completely my opinion.

American League West

Barring an injury to a few of their abundant All-stars (Ken Griffey Jr. Randy Johnson, Alex Rodriguez, and Edgar Martinez) the Seattle Mariners should cruise through the weak AL West. Once they get to the play-offs is when the problems will start for them. Last year Seattle's bullpen blew 27 games, and they were eventually destroyed by Baltimore in the Division Series. For Seattle to have a chance they need to strengthen their bullpen. If they don't, they won't have a chance of playing into late October.

There is one word that sums up the

1998 Anaheim Angels: IF. If Cecil Fielder returns to his old form, hitting behind Jim Edmonds and Tim Salmon, the Anaheim Angels should score a lot of runs. If 1993 Cy Young Award winner Jack McDowell can return to his past excellence, and erratic pitcher Ken Hill can live up to his potential, the Angels should prevent most teams from scoring. If both of these things happen, the Angels could be dangerous, but don't count on it.

Any team that has Tom Goodwin, Juan Gonzalez, and Will Clark in their lineup, and has a star closer like John Wetteland should compete for their division title. But with no ace on the pitching staff, and a knack for getting injured, the Texas Rangers seem destined for .500.

Can you remember when the Oakland Athletics were competing for a championship? The year was

1990, and "The Bash Brothers" were getting swept out of the World Series by the Cincinnati Reds. Well, the glory days are dead and don't seem like they will be back anytime soon.

American League

West Champion Seattle Mariners
Central Champion Cleveland Indians
East Champion New York Yankees
Wild Card Baltimore Orioles
American League Champion New York Yankees

National League

West Champion San Francisco Giants
Central Champion Houston Astros
East Champion Atlanta Braves
Wild Card Los Angeles Dodgers
National League Champion Atlanta Braves

World Series Champion New York Yankees

American League Central

The Cleveland Indians will have even more of a cake walk than the Seattle Mariners winning their division. Even though they lost slugger Matt Williams the Indians gained Travis Fryman, Geronimo Berroa, Shawan Dunston, and returning from a one year stop in Atlanta, Kenny Lofton.

The Indians will win easily because the rest of their division aren't even trying to win. The Chicago White Sox, Detroit Tigers, Kansas City Royals, and Minnesota Twins would each call this season a success if they were to win more than half their games. It would take something near a miracle for one of these teams to contend with Cleveland.

American League East

Both the New York Yankees and the

See *Baseball* page 14

Will '98 MLB Expansion Teams Measure Up?

Cecilia Cava

EDITOR

You'd never know that Major League Baseball (MLB) is suffering if you have attended a Colorado Rockies or Florida Marlins game where attendance and/or success has soared the past few years. The 1993 expansion teams were not typical. Both the Rockies and Marlins proved to be very successful. The Rockies have already been to the playoffs and the Marlins have won a World Series. The expansion teams of 1998 have a lot to live up to.

So will MLB's two newest teams live up to their expectations? The Arizona Diamond Backs in the National League (NL) West, and the Tampa Bay Devil Rays in the American League (AL) East will certainly have to work hard to show they can be as successful as the Rockies and Marlins.

My prediction for the season is this: The Diamond Backs will be a strong force in the NL West causing the defending division champions, the SF Giants to worry.

On the other hand, I wouldn't expect the Devil Rays to be as successful.

The Diamond Backs simply have more talent. Not only talent, but they've got a much more experienced manager. The

club's manager, Buck Showalter, was the AL's manager of the year in 1994 with the New York Yankees who finished first in the final standings after the strike. Showalter was with the Yankees for four years, and in that time he had a win/loss record of 312-269.

Even though both teams are full of new talent and young faces, the Diamond Backs have veterans Matt Williams at third base and Jay Bell playing shortstop to show the newer guys how the game of baseball is really played. Bell and

now and it will be a refreshing change to get a major league team of their own. The whole state is probably out buying season tickets, and team merchandise, getting ready to show opposing teams what spirit they've got and how much they are going to appreciate MLB in Arizona.

It's hard to say exactly where I think the Diamond Backs will finish in division standings. The NL west is the strongest, most well-balanced, and most competitive division in MLB with the

National League Expansion

Team: Arizona Diamond Backs
City/State: Tuscon, AZ
Name of Stadium: Tuscon Electric Park
Manager: Buck Showalter
Talent to Look For: Matt Williams, Jay Bell

Williams, both all-stars, cost the team \$79 million, but hopefully will be worth the money and hopefully, they'll keep themselves off of the disabled list.

The Diamond Backs should also be looking forward to a successful year financially. Arizona has been looking at minor league baseball for a long time

American League Expansion

Team: Tampa Bay Devil Rays
City/State: Tampa Bay, FL
Name of Stadium: Tropicana Field
Manager: Larry Rothschild
Talent to Look For: Wade Boggs, Fred McGriff

likes of the Giants, Dodgers, and the Rockies, all very well established teams. But what about the Padres who have been strong in spring training? It's a tough call, but I think the Arizona Diamond Backs will find themselves finishing the season in third place.

The Tampa Bay Devil Rays have a lot more to be concerned about. Though

talented, their manager, Larry Rothschild, has never managed a team before. Furthermore, it is hard to say whether or not they'll be as successful with the Florida Marlins right down the street.

The team does have some talented players though and I wouldn't expect the Devil Rays to finish last. They have a good chance to establish themselves. Wade Boggs, who has had seven consecutive 200-hit seasons, will be with the team along with Fred McGriff, who came from first place NL east team, the Atlanta Braves. Pitchers Wilson Angrez and Roberto Hernandez will also be a welcome addition to the Devil Ray's rotation.

As for the final standings for the Devil Rays? I expect them to finish fourth place in the AL east.

It could be a tough year for MLB's two newest teams but with a little luck and hopefully a lot of talent, both should at least avoid a last place finish. If you want a glimpse of these fresh new teams, the Diamond Backs will be playing in SF against the Giants on May 28, 29, and 30. The Devil Rays will be playing in Oakland against the A's on May 25 and 26.

Hartnell Swimming

Aaron Lara

STAFF WRITER

The few, the proud, the swimmers; a phrase that seems to categorize this year's Hartnell College women's swim team. With only seven swimmers on the

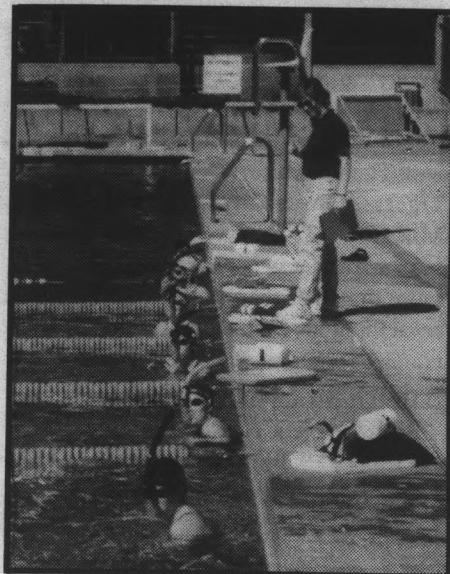


photo by Aaron Lara

Coach Spier watches over her team before they glide across the swimming pool.

team roster, the ladies seem to make up for the lack of bodies in the pool with their enthusiasm for competition and their love of the sport.

"Hartnell's strategy is to try and gain an advantage," said Coach Ellie Spier.

To call this season a rebuilding year is to put it mildly.

"Our goal this year is not to win conference because we know it's not realistic. I hope they can finish the season satisfied with their personal best times," said Coach Spier.

Hartnell College has always seemed to lack male and female swimmers. According to Coach Spier, it's because southern California youths are exposed to swimming classes or leagues at early ages, something equivalent to football, soccer and baseball programs here on the Central Coast. Not until local programs here on the Central Coast are established, will area swimmers experience the fulfillment of achieving their full potential.

Striving For Success

Ivy Chen

STAFF WRITER

"We have a good combination of talented freshman, and leadership from our sophomores," coach Danny Theresa said.

A month and a half into the season, with 20 games left to go, Hartnell's baseball team's record is 1-2. They could be 3-0, but for the brawl between Hartnell and Monterey Peninsula College in February. Witnesses say tension built up after players from MPC made snide comments about Hartnell team members. During a play, Hartnell's David Nelson ran to third base, and an MPC player ran into Nelson, and pushed him. Soon thereafter, the benches emptied and the brawl began. Due to the fight, Hartnell was forced to forfeit from playing MPC and West Valley.

The team has a good combination of players. There are a lot of high expectations but we're taking it one game at a time and we hope to win the conference, Theresa said. The team is in the South Coast Conference. The South Coast Conference is one of the most competitive in the state with tough

Hartnell Baseball

teams to face. The greatest challenges will be competing against Chabot, Ohlone, and San Jose City, Theresa said.

Promising pitchers are Caesar Nunez, Jeff Paulin, and Jeff Eaton. Second basemen Alfredo Salas is also a standout player. Some of the sophomore leaders are David Nelson, and Bobby Ritter. Their practices are held on Mondays, Wednesdays and Fridays from 1:30 to 2 p.m.

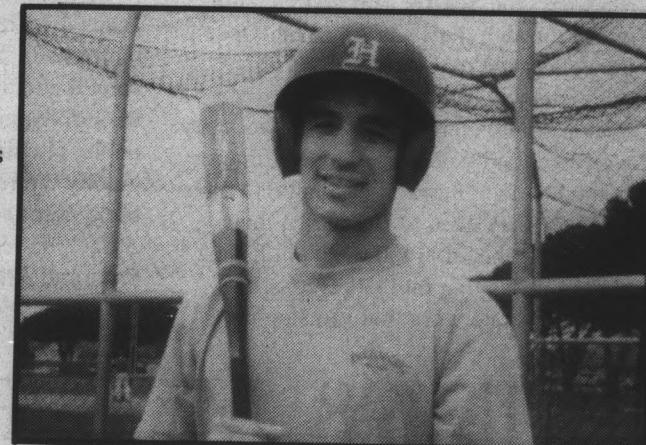


photo by Ivy Chen

Sophomore Bobby Ritter takes a time out from practice to smile for the camera.

New and Improved: Hartnell Softball

Aaron Lara

STAFF WRITER

With a team mostly composed of freshman, Hartnell's softball Head coach Andy Watt has his work cut out for him. While three out of his four returning sophomores have all but secured their respective infield positions, Coach Watt dilemmas seems to present itself in the form of outfielders.

If variety is the spice of life, this year's softball team is a perfect example. Prospective athletes from Gonzalez, North Salinas, Alisal, Salinas, and North County High Schools are contending this spring for Hartnell's 3 prestigious outfield positions.

Leading the pack is Alisal graduate Irma Martinez who is Coach Watt's only returning player from last year's team. North County freshmen Michele Tonks and Melissa Vielbaum hope to establish a condor tradition. While North Salinas graduate Leya Atkins, fresh off Hartnell Women's soccer season, desires to

perform at the same level that carried her to a prosperous freshman campaign. Gonzales and Salinas High graduates Sara Hernandez and Andrea Nelson hope to continue their softball careers with a position in Coach Watt's starting line-up.

Here's a rundown position by position and their prospective occupants.

Catcher- Freshman Rebecca Kaupp seems to have laid to rest any uncertainty about her ability to perform her duties at this position.

Pitcher- Salinas High graduate Lisa Delsman will have her work cut out for her this season, taking into account she's the only true pitcher on the roster.

First Base- Sophomore Jayme Sanks appears to be the front runner in the race for this highly contested position. Alisal High graduate Veronica Medina should earn the prominent role of backup.

Second Base/Short Stop- Sophomore Michele Venuti and freshman Suzanne Massey allocation as starters at 2nd base

and S.S. appear imminent.

Third Base- The fight for 3rd base is between Veronica Medina, Salinas High graduate Diane Lavorato and Lucia

Rocha. Those not starting will be assigned the task of replacements in other pending positions, like 1st base and S.S.



Pitcher Lisa Delsman warms up her arm with catcher Rebecca Kaupp during practice.

photo by Aaron Lara